



Crispy Salt and Pepper Chicken

Ingredients

- g Chicken thigh, fillets
- g Egg
- g Spray Oil
- pkt MAGGI Crispy Salt and Pepper Seasoned Coating

Instruction

1. Preheat air fryer to 200°C for 5 minutes.
2. Coat chicken pieces in egg, shake off any excess. Sprinkle with half the MAGGI Crispy Salt and Pepper Seasoned Coating, pat down coating firmly; turn over and repeat.
3. Spray air fryer basket with oil spray. Carefully transfer half the coated pieces to air fryer and spray with oil. Cook for 7-8 minutes or until golden and cooked through. Repeat with remaining chicken.

Nutrition

Carbohydrates	6.26 g
Energy	430.96 kcal
Fats	23.47 g
Protein	23.35 g

18 Minutes

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