Cheesy Chicken Noodles

Ingredients

- 2 pkts Maggi 2 Minute Noodles Chicken Wholegrain
- 400 g BBQ chicken, shredded
- 1 Carrots
- 1 Zucchini
- 60 g Spinach
- 200 g Low Fat Cottage Cheese
- 20 g Hard Parmesan

Instruction

1. Cook MAGGI 2 Minute Noodle according to packet instructions (reserving flavour sachet); drain, rinse under cold water and reserve.

2. Heat a medium frying pan with oil, add BBQ chicken, carrot, zucchini and cook for 4 minutes or until chicken is heated through.

3. Stir in reserved noodles, baby spinach, cottage cheese and contents of flavour sachet. Cook for 1 minute, top with parmesan cheese and serve.

Nutrition

Carbohydrates	28.73 g
Energy	408.67 kcal
Fats	15.7 g
Protein	36.32 g

7 Minutes

4 Portions