

Creamy Seafood Chowder

Ingredients

- tbsp Olive oil
- tsps Garlic Puree
- Leeks
- 1/2 1/2 cups Milk
- mL Thickened Cream
- pkt MAGGI Cheese and Bacon Flavour potato bake
- Kumara
- Can Sweet corn, rinsed and drained
- g Pipis
- g Hapuka
- g Chives

Instruction

- 1. Heat oil in a large heavy based saucepan over mediumhigh heat; add garlic and leek, cook for 2 minutes.
- Gradually add combined milk, cream and MAGGI Cheese
 Bacon Flavoured Potato Bake; add potatoes; bring to the boil. Reduce heat; simmer, uncovered, for 15-20 minutes or until potatoes are just tender.
- 3. Stir in corn and pipis and hapuku. Cook and stir for 5 minutes or until seafood is just cooked. Remove from heat. Serve

Nutrition 27 Minutes

Carbohydrates 27.45 g

Energy 462.68 kcal 6 portions

Fats 28.13 g
Protein 25.33 g