Kiwi Onion Dip

Ingredients

- 250 mL Nestle Reduced Fat Cooking Cream
- 1 pkt Maggi Onion Soup
- 1 tbsp Lemon Juice

Instruction

1. Place all ingredients in a bowl and mix well to combine. Cover and chill for about 30 minutes before serving.
2. Serve with a selection of fresh vegetables cut into bite sized pieces, rice crackers or pita bread.

Nutrition

Carbohydrates	4.84 g
Energy	109.64 kcal
Fats	9.32 g
Protein	1.74 g

32 Minutes

6 portions