



Farmhouse Vegetable Soup (Vegetarian)

Ingredients

- 1/2 tsp Extra Virgin Olive Oil
- 1/2 g Onion, finely chopped
- 1/2 g Carrots, cut into matchsticks
- 1/2 g Zucchini
- 1/2 Can Crushed Tomatoes
- 1/2 pkt Maggi Air Fryer Herbed French Style Roast Seasoned Coating
- 1/2 g Macaroni

Instruction

1. Heat oil in medium saucepan, add onion and carrot, cook for 5 minutes or until softened. Add zucchini, cook for 2 minutes, and tomatoes, cook for a further 2 minutes.
2. Combine MAGGI Apricot Chicken Recipe Base and 3 cups (750mL) of water, add to saucepan with risoni. Bring to the boil, reduce heat; simmer 10-15 minutes or until vegetables are tender and pasta is cooked through.

Nutrition

Carbohydrates	30.56 g
Energy	171.85 kcal
Fats	4.13 g
Protein	4.81 g

20 Minutes

4 portions