



Farmhouse Vegetable Soup (Vegetarian)

Ingredients

- 1 tbsp Olive oil
- 150 g Small (150g) onion, chopped
- 120 g Carrot, chopped
- 120 g Zucchini
- 1 Can Crushed Tomatoes
- 1 pkt MAGGI Apricot Chicken Recipe Base
- 55 g Risoni

Instruction

1. Heat oil in medium saucepan, add onion and carrot, cook for 5 minutes or until softened. Add zucchini, cook for 2 minutes, and tomatoes, cook for a further 2 minutes.
2. Combine MAGGI Apricot Chicken Recipe Base and 3 cups (750mL) of water, add to saucepan with risoni. Bring to the boil, reduce heat; simmer 10-15 minutes or until vegetables are tender and pasta is cooked through.

Nutrition

Carbohydrates	30.56 g
Energy	171.85 kcal
Fats	4.13 g
Protein	4.81 g

🕒 20 Minutes

⊕ 4 portions