



## Asian Chicken Noodle Salad

### Ingredients

- 1 pkt Maggi 2 Minute Noodles Chicken Wholegrain
- 500 g Chicken breast fillets, sliced
- 2 tbsps Soy Sauce
- 2 tsps Ginger Puree
- 2 tsps Sweet Chilli Sauce
- 1 tbsp Vegetable Oil
- 4 Sprigs Spring onions
- 2 Carrots, cut into matchsticks
- 1 Large Cucumber, de-seeded, thinly sliced
- 120 g Bean Sprouts
- 1 Red capsicum, sliced

### Instruction

1. Cook noodles following packet directions; drain, rinse under cold water and reserve. In a medium bowl combine chicken, soy sauce, ginger and sweet chilli sauce; marinate for 10 minutes.
2. Heat a wok over high heat. Add oil and chicken, cook for 10 minutes or until browned and cooked through.
3. In a large bowl combine reserved noodles, green onions, carrots, cucumber, bean sprouts, capsicum and cooked chicken. Serve.

#### Nutrition

Carbohydrates	22.46 g
Energy	311.13 kcal
Fats	9.01 g
Protein	32.92 g

🕒 24 Minutes

⊕ 4 portions