

Ingredients

- 2 pkts Maggi 2 Minute Noodles Chicken
- 2 tsps Vegetable Oil
- 250 g Broccoli
- 200 g White Mushrooms
- 2 tsps Salt Reduced Soy Sauce
- 100 g Roasted Chicken Meat
- 100 g Edamame, frozen, prepared
- 2 Spring onions
- 2 tbsps Sesame Butter

Instruction

- Cook MAGGI 2 Minute Noodle according to packet instructions (reserving flavour sachet); drain, rinse under cold water and reserve.
- 2. Meanwhile, heat oil in a large frying pan on high heat and cook broccoli for 2 minutes, add mushroom and cook for a further 3 minutes or until browned.
- 3. Add flavour sachets, soy sauce and shredded chicken. Add noodles, tahini and edamame; mix well.
- 4. Serve garnished with spring onions.

Nutrition

10 Minutes

4 Portions

Carbohydrates 35.81 g
Energy 353.19 kcal
Fats 15.95 g
Protein 20.07 g