

Ingredients

- 1 Onion, finely chopped
- 50 g 1/2 bunch parsley, chopped
- 500 g Lean minced beef
- 1 pkt MAGGI Onion Soup
- 4 Wholemeal burger buns

Instruction

Classic Kiwi Burger

- 1. Combine onion, parsley, mince, MAGGI Onion Soup Mix in a bowl. Mix well. shape into 4 patties.
- 2. Cook patties under preheated grill or hot plate for 10 minutes or until cooked, turning halfway through cooking.
- 3. Top patties with your choice of lettuce, tomato and onion, spread with tomato sauce and mayonnaise to complete burger.

Nutrition

Carbohydrates Energy

461.68 kcal

53.05 g



+

Fats	8.68 g
Protein	40.74 g